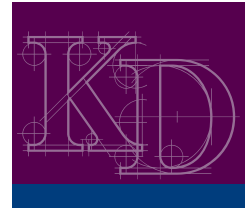


JAN PARKER, CKD

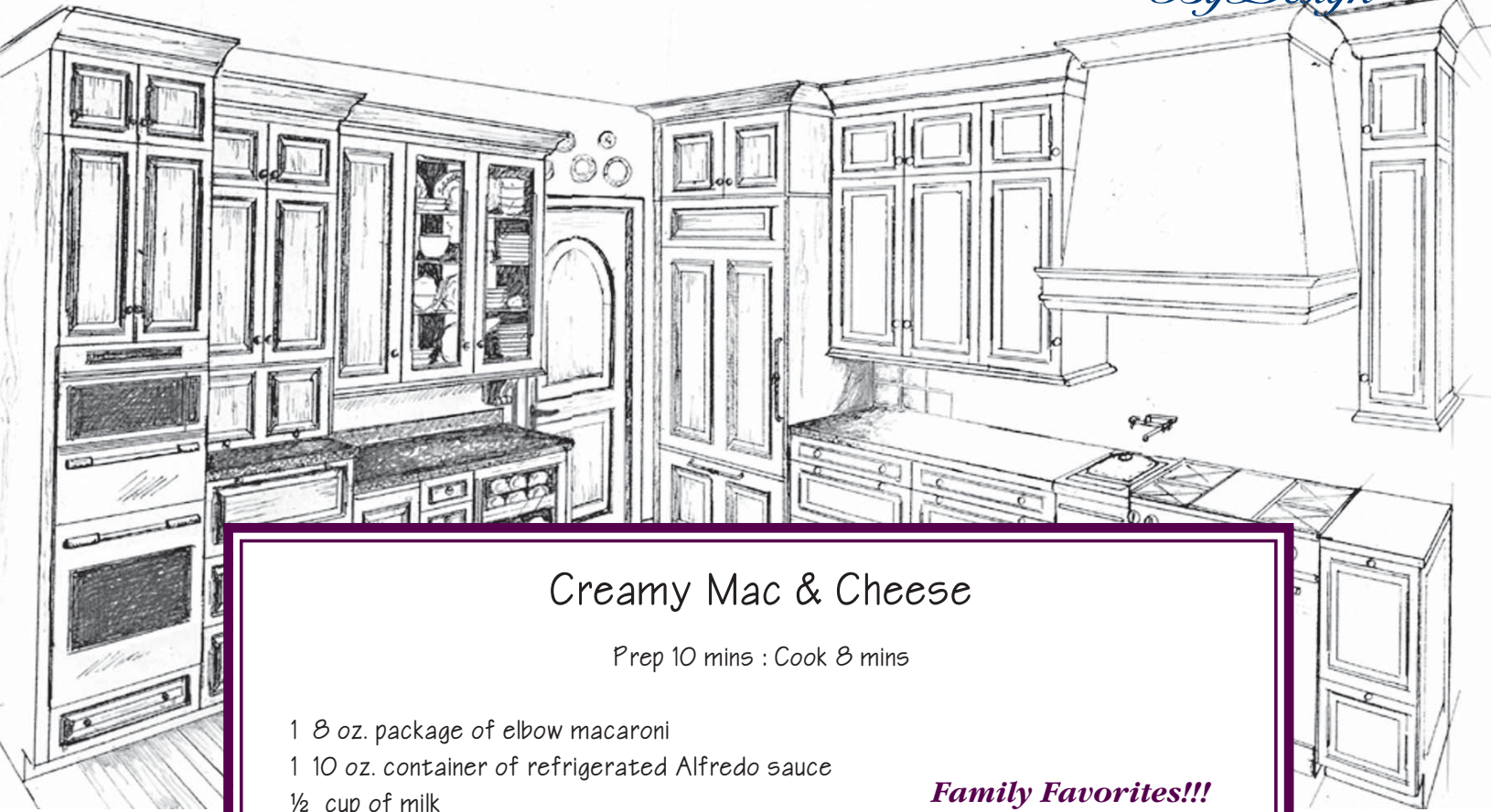
WENDY MAYES, CKD, ASID

Professional Designers, Avid Cooks

... a winning combination!



JAN PARKER'S KITCHENS *By Design* L.L.C.



Creamy Mac & Cheese

Prep 10 mins : Cook 8 mins

- 1 8 oz. package of elbow macaroni
- 1 10 oz. container of refrigerated Alfredo sauce
- ½ cup of milk
- ½ tsp ground black pepper
- ¼ tsp salt
- ¼ tsp ground red pepper
- 1 8 oz. bag of shredded cheddar cheese

Prepare pasta and drain, keep warm

Bring Alfredo and next 4 ingredients to a boil in large sauce pan; remove from heat and stir in cheese until melted; stir in cooked pasta & serve immediately.

***Family Favorites!!!
Kids love 'em...
Toddler Tested
& Approved!***

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