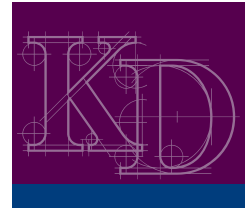


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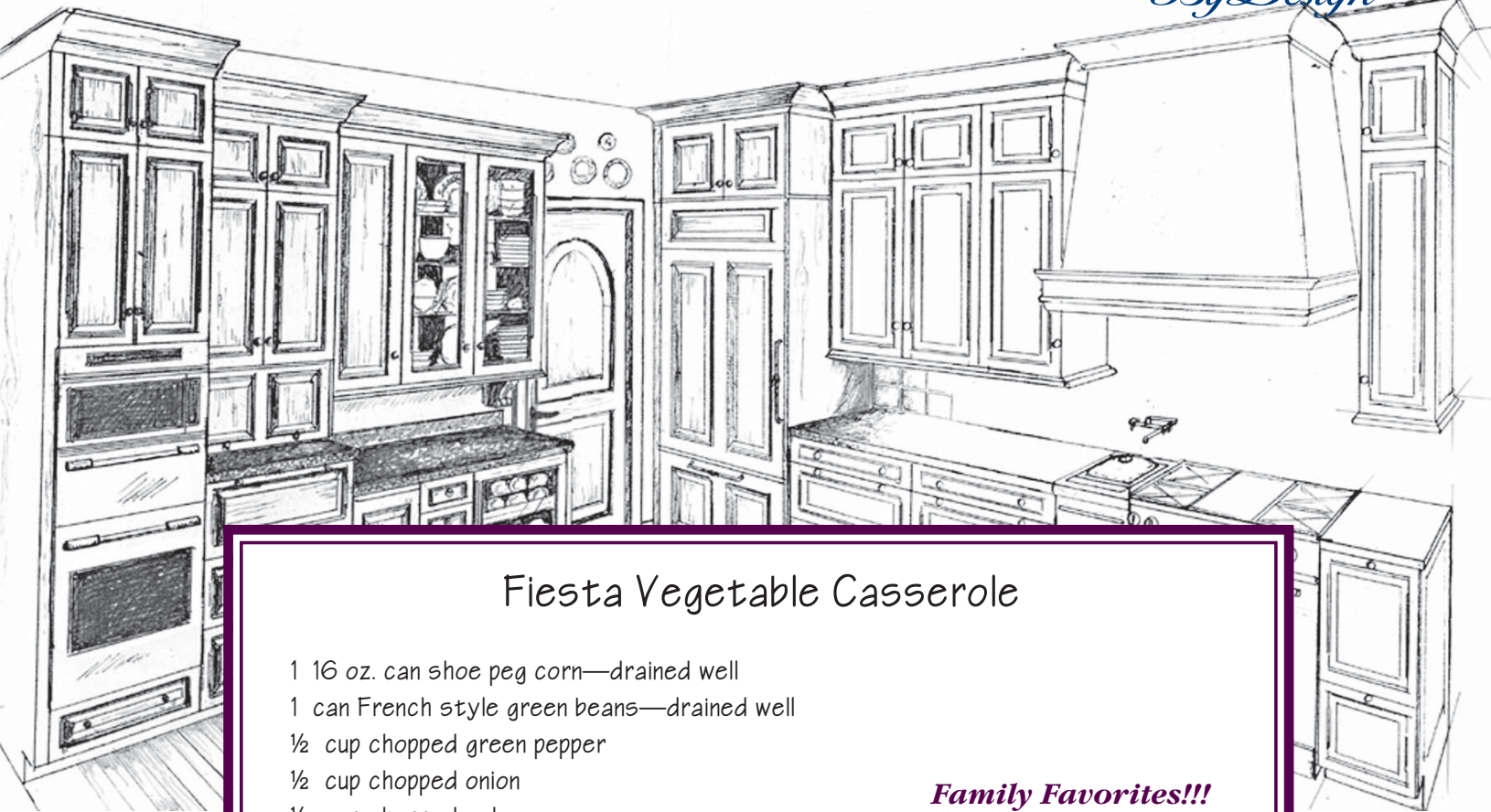
WENDY MAYES, CKD, ASID

Professional Designers, Avid Cooks

... a winning combination!



JAN PARKER'S KITCHENS *By Design* L.L.C.



Fiesta Vegetable Casserole

- 1 16 oz. can shoe peg corn—drained well
- 1 can French style green beans—drained well
- ½ cup chopped green pepper
- ½ cup chopped onion
- ½ cup chopped celery
- 1 cup shredded cheddar cheese
- ½ cup sour cream
- salt & pepper

- 1 stick margarine
- 12 snack crackers

Combine all vegetables with cheese, sour cream and salt & pepper (to your liking)
Put in casserole dish; melt margarine and mix with crumbled crackers; sprinkle on
top of casserole. Bake 20-30 mins at 350 degrees.

***Family Favorites!!!
Kids love 'em...
Toddler Tested
& Approved!***

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For more of our favorite recipes, visit our web site at www.JanParkersKitchens.com