

JAN PARKER, CKD

WENDY MAYES, CKD, ASID

# Professional Designers, Avid Cooks

... a winning combination!



JAN PARKER'S KITCHENS *By Design* L.L.C.



## Molasses Baked Beans

- 2 (21-oz) cans pork and beans
- 1 Cup chopped onion
- ½ Cup chopped green pepper
- 2 jalapenos, seeded and diced
- ½ Cup catsup
- 1/3 Cup molasses
- 2 T brown sugar
- 2 T prepared mustard
- 2 tsp chili powder
- 1/8 tsp garlic powder

Combine all and spoon into a lightly greased 2-qt shallow casserole. Bake, uncovered, at 350 degrees for 1 hour. Yield: 8 servings

***Family Favorites!!!  
Kids love 'em...  
Toddler Tested  
& Approved!***

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For more of our favorite recipes, visit our web site at [www.JanParkersKitchens.com](http://www.JanParkersKitchens.com)